

# ANNUAL REPORT 2023-24

Conwy and Denbighshire Care & Repair



Our Mission: "To enable older or vulnerable people to remain independent in their own homes in Safety, comfort, warmth and security"

Our Vision is to be: "A leading provider of innovative services that enhance the quality of

life of older or vulnerable people".
The aim of Gofal a Thrwsio Conwy a Sir
Ddinbych is to enable older people to remain
living independently in their own homes
through the improvement of their housing
conditions and therefore their levels of
comfort, safety, security and wellbeing.

#### **Governance**

Gofal a Thrwsio Conwy a Sir Ddinbych is a subsidiary company to Grŵp Cynefin. The Agency receives funding from Welsh Government for its Core Service delivery. It is registered under the Co-operative and Community Benefit Societies Act 2014 and a registered Charity.

Gofal a Thrwsio Conwy a Sir Ddinbych help older homeowners and private tenants to repair, adapt and maintain their homes. Home visits are arranged to discuss clients needs and identify appropriate repairs, maintenance or adaptations, offering solutions, the likely costs and potential sources of funding.

The Charity's objectives are for the public benefit, the relief of need, sickness, disability and poor health, particularly but not exclusively amongst those over sixty years of age and resident in the areas of Conwy and Denbighshire.

Gofal a Thrwsio Conwy a Sir Ddinbych is governed by a Board and complies with the CHC Code of Governance.



Gwynne Jones Chair



Paul Quirk Board Member -Independent



Alexander Weick Board Member – Independent

Aimee Tomalin

(Resigned Nov

2023)

Board Member - Independent



Clifton Robinson Vice-Chair

Helen Jones

(Governance &

Company Secretary

Compliance Manager Grwp Cynefin)



Claire Shiland Board Member -Independent



Melville Evans Board Member – Grwp Cynefin Representative



Gwenan Carrington Board Member – Independent



Sion Roberts Board Member – Grwp Cynefin Representative

#### Did you know?

Looking back on another successful year delivering Care and Repair services throughout Conwy and Denbighshire during 2023 – 2024.

#### Some of the highlights:-

- Our Strapline "Better Homes, Better Health, Gwell Cartrefi, Gwell lechyd" recognises that poor housing leads to poor quality of health and a poor quality of life, and that we make a difference by working together with partners to improve the lives of many older or vulnerable people allowing them to continue to live as independently as possible in their own homes supported by our:-
  - Core Caseworker / Technical Service
  - Managing Better Sensory Impairment Service
  - Rapid Response Adaptation Programme
  - Hospital2HealthierHome Service
  - North Wales Fire and Rescue Service and
  - Gerddi Gwyrdd Home Improvement Service
- During the year our Chief
   Officer met with Several Local
   MS's to discuss the work of
   the Agency.
- We successfully recruited an observer Board Member who joined our Board mid Year 2023, and was then appointed as a full Board Member at the September 2023 AGM.
- Successful delivery of our Hospital2 Healthier Home Caseworker Service working with NWFRS – delivering a Home Safety Support Service.
- Working in partnership with BCUHB delivering the successful Hospital2Healthier Home Caseworker Service

- facilitating safe Hospital discharge to homes that have received adaptations and a casework support service to help prevent readmission.
- Staff and Board members completed several Training courses throughout the year, examples of which:-
- Our Board members successfully completed their Safeguarding and Equality, Diversity and Inclusion training.
- All staff completed their Safeguarding training.
- Gerddi Gwyrdd Small Repairs Operatives successfully completed their Manual Handling, Asbestos, Emergency First Aid, Safeguarding and Working at Heights training.
- Funding has been allocated by Wales & West Utilities to fund a Home Energy Officer two year seconded post commencing April 2024 through the Older not Colder Scheme.

This service will provide a comprehensive, specialist casework, advisory and support service to older people who are in or at risk of fuel poverty, or who need to improve the energy efficiency of their homes to alleviate cold.

Staff and Board members attended the Care and Repair Cymru Conference in Cardiff September 2023 chaired by Conwy and Denbighshire's Chair Gwynne Jones.

Gwynne Jones will be chairing the Care & Repair Cymru Conference again this year, which will be held at Venue Cymru, Llandudno, September 2024.

 Introducing Trusted Assessor Training from TACT

TACT is an OT-led practice specialising in assessing for home adaptations. They are an accredited provider of the national qualifications in Trusted Assessor at a variety of levels. TACT also offer a range of training courses, awareness programmes and assessment resources for a range of roles from advisors through to OTs. TACT's training calendar includes both published courses designed for small bookings and directly commissioned programmes including faceto-face, eLearning and blended formats. TACT's Trusted Assessor trainers are all OTs with experience in home adaptations. TACT is committed to running regular open courses in Wales featuring the most popular Trusted Assessor qualifications and they are delighted to be partnering with two Care & Repair agencies to deliver this programme. Conwy and Denbighshire Care and Repair and North East Wales Care and Repair. Training courses will commence October 2024 at the Care & Repair Offices in St Asaph.



#### **We Provide:**

- Our Core Care & Repair Service supports homeowners who are older or vulnerable to live as independently as possible with increased safety, security, warmth and comfort, by providing advice about wellbeing, home repairs and adaptations to their homes. It is funded by the Welsh Government.
  - 96% of RRAP clients told us their quality of life had improved as a result of Care & Repair's service.
- Our Managing Better service provides free information and practical help for older people, particularly with hearing or sight loss, dementia or if you just need help to stay safe at home and manage better.
  - We received 385 Managing Better referrals during the year, supporting usual impairment and hearing loss.
- Our Rapid Response Adaptation
  Programme (RRAP) is a Welsh
  Government strategic initiative, to help
  older people return home from hospital
  and/or make their homes safer, by
  providing a small–scale, quick adaptation
  or repair service, preventing hospital
  admission.
  - 1,941 clients received a RRAP grant to adapt their home to allow them to continue living there independently.
  - 80% of RRAP clients had work carried out to assist in reduction of falls.
- Homes can easily fall into disrepair as income levels decrease, and our innovative Gerddi Gwyrdd Home Improvement Service is a leading provider of services that enhance the quality of life of older or vulnerable people.

  It is delivered by a team who carry out

It is delivered by a team who carry out private works, adaptations, small repairs in the home and garden, fit bathrooms/wetrooms and complete skilled joinery work. They are trained to spot the needs of clients and refer them for help from our Core or RRAP services.

- 37 bathroom adaptations were completed by Gerddi Gwyrdd.
- 371 Gerddi Gwyrdd private funded work was completed at a value of £384.833
- Our Hospital2HealthierHome Service ensures that essential adaptations are made to a patient's home so that they can be safely discharged from hospital, saving many bed nights at a cost of £300 each for our partner, Betsi Cadwaladr University Health Board.

Every £1 spent with Conwy & Denbighshire Care & Repair saves £7.50 in health costs – that's 300 to 400 hospital bed nights, for example.

- 518 Hospital to Home referrals were received.
- 450 of these visits supported a safe hospital discharge.



## **Hospital to a Healthier Home**



450 Home Improvements completed for patients



366 Stated that the service helped them return home and live independently



518 Patients helped



The scheme enabled a saving of 2,700 bed days



Carried out 467 Healthy Homes Checks



£414,616 of welfare benefits claimed for patients

### **Client Feedback**



"The rail you have put in place has made a world of difference, the wash basin is now secure. The people that came into my home were wonderful, I can't thank everyone enough."

"Bathroom conversion done with professional and considerate workers who did a grand job and has made a big difference to our lives."

"I can't tell you the difference it's made to my wife getting in and out of the house. I really cannot praise Care and Repair enough."

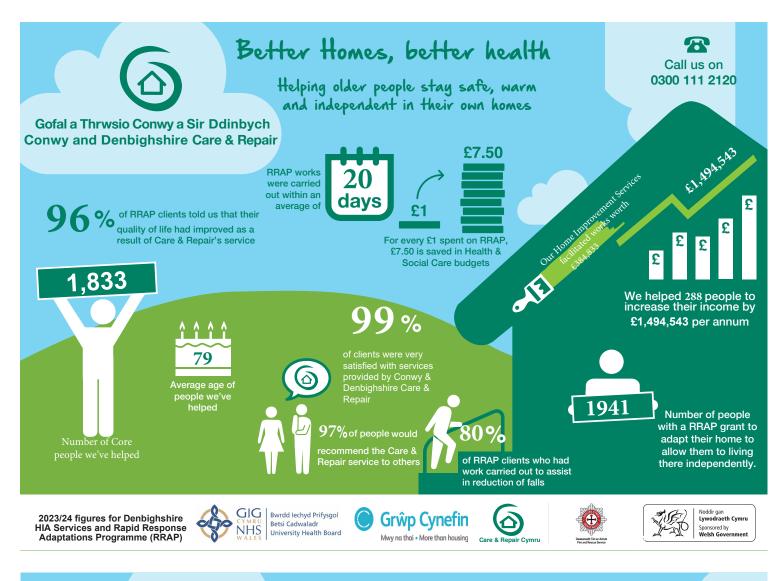
"Your Officer has really made a difference in a really difficult and sad situation. We are all very grateful."

"I never even knew that this service existed and I cannot thank you all enough."

"The front garden wall has been completed, he did an excellent job, a true craftsman. He worked extremely hard all the time he was here and produced the job to a high standard."

"The Attendance Allowance I received will help greatly as my health deteriorates. I can have the heating on more without worrying about the extra costs. Now that I am in receipt of Attendance Allowance I have a cap on my water charges too, so it all worked out well."







#### The Older People's Housing Service

Helping older people stay safe, warm and independent in their own homes

Call us on 0300 111 2120

Gofal a Thrwsio Conwy a Sir Ddinbych Conwy and Denbighshire Care & Repair

535 Total number of Home fire safety checks carried out

**385** Managing better referrals supporting usual impairment and hearing loss.

518

37 Total number of bathroom adaptations completed by Gerddi Gwyrdd



371

Number of Gerddi Gwyrdd Private funde work completed at a

- 66 I never even knew that this service existed and I cannot thank you all enough.
- Bathroom conversion done with professional and considerate workers who did a grand job and has made a big difference to our lives.
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- The rail you have put in place has made a world of difference, the wash basin is now secure. I can't thank everyone enough. 99

763 Total number of Adaptations work completed excluding RRAP













# **Financial Performance**

	2023/24 £	2022/23 £
INCOME AND EXPENDITURE SUMMARY  Income Expenditure	1,549,621 (1,473,713)	1,500,759 (1,395,007)
Surplus / Deficit for the year	75,908	105,752
BALANCE SHEET SUMMARY	2023/24 £	2022/23 £
Fixed assets Current assets Current liabilities	13,410 942,994 (92,454)	15,265 875,426 (102,649)
Net Assets	863,950	788,042
Revenue reserves Restricted reserves	842,954 20,996	763,897 24,145
Total Reserves	863,950	788,042