

Falls Prevention Service



Falls are not an inevitable part of getting older

We can:

- carry out a Healthy Home Check to identify risks related to falls
- advise on ways to reduce risks
- assess for, and install, minor adaptations such as grab rails and half steps
- refer to other services for identified support e.g. an Occupational Therapy assessment, or to our casework service for e.g. energy advice or support with securing housing repairs

To make a referral, scan the QR code, or



01686 620760



enquiries@crpowys.co.uk



Gofal a Thrwsio ym Mhowys
Care & Repair in Powys



Gwasanaeth Atal Syrthio



Nid yw syrthio yn rhan anochel o fynd yn hŷn

Gallwn:

- gynnal Gwiriad Cartref iach i ddynodi risgiau yn gysylltiedig â syrthio
- rhoi cyngor ar ffyrdd i ostwng risgiau
- asesu ar gyfer a gosod mân addasiadau tebyg i ganllawiau cydio a hanner stepiau
- atgyfeirio i wasanaethau eraill ar gyfer cymorth penodol e.e. asesiad Therapi Galwedigaethol, neu ein gwasanaeth gwaith achos ar gyfer e.e. cyngor ar ynni neu gymorth i sicrhau gwaith trwsio i'ch cartref

I wneud yr atgyfeiriad, sganiwch y cod QR, neu



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